



*Bullying Prevention,
Intervention and Best
Practices*

Cook Elementary

The Law

Schools are responsible for creating safe environments for students. They must work to prevent bullying and they must respond to it when it happens.

Definition of Bullying

- A student is being bullied when he or she is repeatedly exposed to intentional aggressive actions over time, on the part of one or more students.



Three Factors

- Repeated over time
- Intentional harm doing
- Occurs in a relationship in which there is an imbalance of power

Direct vs. Indirect Bullying

- Direct: Hitting/ kicking/ taunting/ racial slurs/ threatening/ obscene gestures
- Indirect: Getting another person to bully for you/ spreading rumors/ cyberbullying

Bullying Chart

Rough Housing	Real Fighting	Bullying
Usually friends; often repeated (same players)	Usually not friends; typically not repeated	Typically not friends; generally repeated
Balance of power	Power relatively equal	Unequal power
No intent to harm	Intentional harm doing	Intentional power
Affect is friendly; positive, mutual	Affect negative; aggressive, tense, hostile affect	Affect negative; aggressive & differs for victim and aggressor

Reporting Procedure at Cook

- Communication Box for students
- Cook Referral process
- Parents have on-line system for reporting

Interventions

- Behavior contract
- RTI goals
- FRC referral
- Kidco referral

Resources

- <http://www.cde.ca.gov/ls/ss/se/bullyingprev.asp>
- pbskids.org/itsmylife/friends/bullies/ Games, videos, advice and other child-friendly resources to prevent bullying.
- stopbullying.gov A federal government website managed by the U.S. Department of Health & Human Services devoted to bullying topics.